



CENTRAL WASHINGTON PSYCHOTHERAPY ASSOCIATES
1700 17TH STREET, N.W. SUITE 203 WASHINGTON DC 20009

Couples Group

Using Imago Relationship Therapy

The unique design of this group is appropriate for you...

- If you want to enrich a good relationship
- If you are beginning a relationship you want to keep
- If you are in a difficult relationship and want to resolve long-standing conflicts
- If you are near break-up or divorce and want to decide if the relationship can be saved.

This group specifically designed for couples will meet weekly and utilize a psycho-educational approach including brief lectures, film clips, music, interactive discussion and live demonstrations of necessary communication skills and processes. Emphasis is placed on using the group to practice and thus incorporate essential communication skills.

What You Can Expect From Participating in a this group:

- Greater compassion for your partner. This happens for everyone to a greater or lesser degree.
- New communication skills to break destructive cycles of relating. Couples learn how to channel the energy from their arguments to create passion and stability in their relationship.
- Discovering how the unconscious forces that attract you to your partner are also the source of conflict. Participants become conscious of these forces which operate both in themselves and their partner and develop skills to respond in new, more thoughtful ways.
- Learning how to use your relationship for emotional healing and spiritual evolution.

What participants have said about these unique communication skills they developed:

"I thought I understood communication before learning the imago dialogue. I had no idea."

"I felt like this experience was like CPR for our relationship. It breathed new life into our relationship."

"A Miracle! I know we were headed for divorce."

For more information about the group, fees and scheduling call 202-232-4900. Insurance is welcomed. The group will be facilitated by Robert Sheavly, LICSW, DCSW who is a psychotherapist with over 25 years of experience and a Certified Imago Therapist. Bob's post graduate training includes study at the C. G. Jung Institute in Zürich, Switzerland and with the Inter-Regional Society of Jungian Analysts. His clinical positions have included Family Program Director for Walter Reed Army Medical Center's inpatient addictions recovery unit and faculty member at the University of Maryland School of Medicine. He is listed in *Who's Who Among Human Services Professionals* and *Who's Who in the World*.